This Process and Practice Group is limited to six individuals and provides psychotherapy practitioners with hands-on experience working with their own dreams and facilitating others. I demonstrate dream work and review the process step-by-step as well as coach participants in facilitation with one another. Dream facilitation is discussed alongside the personal and transpersonal issues that arise. Jungian approaches, the creative arts, and body-centered modalities are integrated with Gestalt practice. Prior experience with Gestalt, Jungian and/or expressive arts modalities is suggested. Please call Deborah at 303 440-0808 for further information.

- Deepen psychotherapeutic and personal dream work
- Integrate profound and effective approaches
- Develop greater skill in Gestalt dream dialogue
- Learn Jungian approaches and active imagination
- Practice expressive and creative arts modalities
- Work with the body in dreams
- Understand transpersonal and prophetic dreams
- Enhance access to dreams and dream recall
- Work with trauma uncovered in dreams
- Explore individual & group enactment of dreams
- Learn by doing!

Dates: Ongoing, meeting the second Tuesday of each month, beginning November, 2009
Time: 5:30 – 8:45 p.m.
Location: 2830 Darley Avenue, Boulder, CO 80305
Cost: $75 per session
Deposit & Registration Fee: $75 (refundable up to 2 weeks before the group begins)

The Facilitator: Deborah Bowman, Ph.D., is a licensed psychologist and certified Gestalt therapist with over 22 years in private practice. She is a Professor and co-founder of the Transpersonal Counseling Psychology and founder of the Wilderness Therapy programs at Naropa University. Deborah was President of Boulder Graduate School, has worked for Boulder County Hospice and Boulder County Social Services. She is co-author of When Your Spouse Comes Out and author of The Luminous Buddha: Image and Word. She integrates Gestalt, Jungian, body-centered, creative arts and contemplative approaches to therapy. Deborah conducted research on the Dream Painting Process and facilitated Dream Painting Groups for over 8 years. She is on the Advisory Board of the Boulder Friends of Jung and served on the Colorado Jung Society board for nine years. Deborah is an active artist and photographer.

Boulder Psychotherapy Institute offers advanced training in Gestalt therapy and related approaches.

Contact Deborah Bowman at 303 440-0808 dbowmanphd@aol.com
or Boulder Psychotherapy Institute at 303 494-0393
Visit the Boulder Psychotherapy website at www.boulderpsych.com